## The Tome of Lummi Island





Sunday	Island Chapel – Grange Main Building	9:30 - 10:30 am
Sunday	Worship Service – Congregational Church Sanctuary	10:30 - 11:30 am
Tuesday	Island Chapel Ladies' Bible Study – 1759 Joans Ln / Zoom	7:00 pm
Made and a	Elderberries Lunch (12pm), Games, and Coffee – The Gathering Place	11:00 am - 2:00 pm
Wednesday	Island Chapel Family Bible Study – 1759 Joans Ln / Zoom	6:00 - 7:00 pm
Thursday	LIFD Volunteer Firefighting Training (except holidays)	6:30 - 9:00 pm
Friday	Coffee Shop and Games – The Gathering Place	10:00 - 11:30 am
	Qigong, Grange Hall	9:00 - 10:00 am
Saturday	Preschool Story Time at the Library	10:30 - 11:00 am
	Saturday Market at The Islander Field	10:00 am - 2:00 pm

#### Ferry Refueling: August 7, 21 - 12:10 pm Gooseberry & 1:00 pm Lummi Island Runs Delayed

#### **Monthly**

1st Mon.	Emergency Siren Test - Do not call 911	12:00 pm
3rd Mon.	FOIL Board Meeting – Library, Hanson Meeting Room	6:00 pm
1st Tue	LICA Board Meeting - Library, Hanson Meeting Room	7:00 pm
2nd Tue.	WCFD 11 Board of Fire Commissioners Meeting - Fire Hall	7:00 pm
3rd Tue.	Resilient Lummi - Library, Hanson Meeting Room	6:30–7:45 pm
4th Tue.	Cemetery Commission Meeting - Grange Hall	4:00 - 5:00 pm
1st Wed.	Grange Meeting - Grange Hall	6:30 pm
4th Wed.	WCFAC Meeting - The Gathering Place	6:00 pm
2nd Thur.	Civic Club - Grange Hall	10:00 am
4th Thur	Library Book Club - Library, Hanson Room	11:00 am - 12:00 pm

#### Recycling: Mondays August 4, 18

#### **August Events**

Aug 5, Tue	Parish Dinner, Lummi Island Congregational Church See Pg. 10	5:00 - 6:30 pm		
	Taking Time, Writing Letters, Island Library, See Pg. 6	5:00 - 6:30 pm		
Aug 6, Wed	Grange Potluck & Awards Presentation, See Pg. 8	5:30 pm		
Aug 6, 13 & 20 Weds	Nature Explorers with Micha Camarillo, Otto Preserve, See Pg. 4	9:00 - 12:00 am		
Aug 8, Thurs	Wine in Full Bloom, Full Bloom Farm See Pg. 4			
Aug 12, Tue	LICA General Meeting - Meet your local Representatives, See Pg. 4	6:00 - 8:00 pm		
Aug 12,13 & 14	Dungeons & Dragons Camp, Island Library, See Pg. 6	2:00 - 5:00 pm		
Aug 16, Sat	Reefnet Festival, See Pg. 3	11:00 am - 8:30 pm		
Aug 21, Thurs	Homeowner Training Class - Inspect your Septic System, See Pg. 5	4:00 - 6:00 pm		
Aug 23, Sat	Summer Reading Celebration, See Pg. 6	10:00 am - 5:00 pm		
Aug 30, Sat	Salmon BBQ, Grange Hall, See Pg. 8	5:00 - 6:30 pm		
	Homestead Maps with Marv Fuller, See Pg. 6	3:00 - 4:00 pm		
Aug 30-31	Artist Studio Tour, See Pg. 10	10:00 am - 5:00 pm		

#### **Upcoming Events**

Sept 13, Sat	Honky Tonk, Grange Hall, See Pg. 8	6:00 - 10:00 pm
Oct 4, Sat	Oktoberfest, The Gathering Place	
Oct 18, Sat	FOIL Fundraising Auction	
Oct 31, Fri	Haunted Hotdog Stand, Grange Hall, See Pg. 8	5:00 - 6:30 pm

The LICA board has enjoyed meeting with islanders and visitors at the Farmer's Market. Please stop by on Saturdays to visit and to let us know of any concerns or questions. We are often joined by the Island Health & Wellness and the Ferry Advisory Committee.

The LICA General Meeting will be Tuesday August 12th at the Grange. There will be an island wide pot luck at 6 pm followed by a short LICA Meeting at 6:50 pm, and a town hall event at 7pm. with our three representatives from Olympia. This should be an interesting evening.

Your LICA Board meets the first Tuesday of the month 7pm at the library. All are welcome to attend. If there are any issues or concerns you might have, please let us know. Our drop box is always open in front of the Grange.





Helpful Numbers		
Aluminum Cans	360-223-6225 Contact Leslie Dempsey. Recycle Bins Located in Grange Parking Lot	
Church Rental	360-758-2060 Church office@LummiChurch.com	
Gathering Place	360-758-2060 info@ligatheringplace.com	
Grange Rental	<b>360-223-6225</b> Leslie Dempsey	
Library	<b>360-758-7145</b> Tuesday 1:00-7:00pm, Thursday, Friday and Saturday 10:00am-5:00pm	
Free Notary Service	<b>360-758-2559</b> Call David Thorn	
Post Office - New Number!	<b>360-298-7584</b> Mon Fri.: 10:45am - 2:45pm, Sat.: 10:30am - 12:30pm, Lobby 24 Hours	
Hazardous Waste	360-380-4640 For Info & Questions. Open 9am-4pm Mon-Fri & 1st Sat of the month	

Past Rainfall Totals			2024			
Location	January	February	March	April	May	June
Westshore - Sheila & Al Marshall	7.15	2,61	N/A	2.10	3.65	1.30
North Tuttle Lane - Nancy Simmerman	7.18	2.61	1.55	2.28	3.04	1.49
South Nugent - Jerry Brown	6.79	2.78	1.61	2.51	3.32	1.60
Scenic Estates - Leslie Dempsey	6.5	3.14	1.77	3.41	3.39	1.95
Granger Way - Scott josiah	6.57	2.45	1.37	2.28	2.81	1.52
Scenic Estates - Crawford	N/A	N/A	N/A	N/A	N/A	N/A
Current Rainfall Totals			2025			
Location	January	February	March	April	May	June
Westshore - Sheila & Al Marshall	2.93	2.62	4.31	1.72	1.14	1.22
North Tuttle Lane - Nancy Simmerman	2.78	3.32	3.7	1.75	1.66	0.92
South Nugent - Jerry Brown	2.82	3.34	4.47	1.73	1.45	0.80
Scenic Estates - Leslie Dempsey	2.45	3.37	5.04	1.72	1.69	1.16
Granger Way - Scott Josiah	2.65	3.27	4.17	1.75	1.46	0.80
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Nearly 100 islanders attended our June 25 meeting. County leadership in attendance heard clearly how the Committee and the community feel about the extraordinary fare hikes scheduled to begin in mid-August. The community vividly described multiple negative ways a fare hike of this magnitude will impact ferry ridership and community resilience. Despite all of this, the State has been notified, and fare increases are scheduled to begin on August 23rd. Punch card holders will have one month to continue to use current rate punch cards. After September 22, new punch card rates will be in effect. As in the past, exchange events will occur to allow trade-in of unused punches (from the most immediate prior rates) toward purchase of punch cards at the new rates. The next Ferry Advisory Committee meeting will be August 27 th at 6 pm at The Gathering Place. We hope to have news about the Federal Raise Grant for the ferry replacement plan and a report on our meeting with the Guemes Island ferry committee, and we will plan next steps for our Advisory Committee work.

Enjoy the summer!!





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Reefnet Festival

Bv Wendi Merritt

Last reminder for the **9th Annual Reefnet Festival!** Saturday, August 16; 11am - 8:30pm, at the Salish Center - 4036 Legoe Bay Rd.

Live music starting at noon from 3-Oh, Walrus, Lost At Last.

Several arts/crafts vendors, educational booths and there's still a possibility that there will be fresh reef net-caught salmon available for purchase.

Come hungry for salmon BBQ, seafood paella, and Pike Place Chowder. For those 21+ come enjoy the day in our beer and wine garden. Food/beverage tickets for purchase at the venue.

Sugar Kelp footbaths will be available for purchase during the event.

This festival is not possible without the generosity of volunteers. We still have a few slots available. We have a wide variety of schedules and duties to accommodate most ages and abilities. Contact Wendi at 360.504.6787 or <a href="mailto:reefnetfest@gmail.com">reefnetfest@gmail.com</a>

As a recipient of the Tome, bring this edition with you to the festival and admission for the household is FREE.



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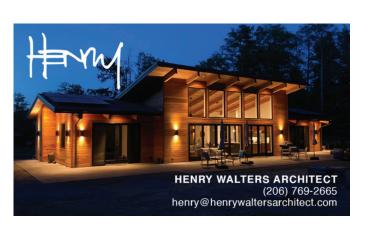
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#### Lummi Island Heritage Trust - Rooted in Harmony

By LIHT Staff



In August we welcome the annual salmon runs, on way to their Fraser River spawning grounds. Odd-numbered years bring the pink salmon, and this year is predicted to be a record breaker with an estimated 27 million pinks passing through the San Juan islands. Legend has it that one could walk on their humped backs over to Clark Island in banner years. The whir and grind of the reefnet gear winches will be heard regularly come mid-to-late August. Pink salmon are delicious smoked, look for the tell-tale white puffs wafting from islander backyards throughout the fall.

Did you know that salmon climb trees? That's right! Salmon carcasses, whether decaying on riverbanks or brought to the forest by birds or bears, feed our forests nutrients such as phosphorus and nitrogen. Scientific examination of forest trees has revealed the presence of Nitrogen-15, an isotope only found in the ocean — even in the crowns of towering cedars and

firs. The rings of trees also tell the story and history of salmon runs, with nitrogen levels of the rings correlating to the bounty of the passing seasons.

Salmon, in return, benefit from trees, which create shade and natural habitat on shorelines and rivers. One of our valued partners, The Northwest Straits Foundation, hosts the Shore Friendly Program, dedicated to assisting waterfront landowners with expertise, tools and services to protect the shoreline as well as homes. Dedicated and thoughtful planning for our shores is vital in maintaining a healthy ecosystem in which salmon are a critical keystone species. Please visit www.nwstraitsfoundation.org to learn more.

Join our Team! We are currently in search of a part-time Office Manager, please visit our website to learn more about this island opportunity.

Volunteer! LIHT is incredibly fortunate to have a dedicated volunteer base which keeps our events and programs running swimmingly. If you have yet to volunteer with LIHT, consider our next Stewardship event working on one of our many trails. Our Stewardship Manager, Skylar Magee leads energetic parties in the rewarding effort of clearing paths and removing noxious weeds. Your help is greatly needed in these impactful efforts to provide our community with safe, beautiful trails and resilient ecosystems.

**Nature Explorers** - three Wednesday in August (6th, 13 & 20th) 9:30 - Noon Just for kids 6-12 years old, led by Micha Camarillo. A fun environmental education program teaching children about the wild and natural treasures of the island. Registration and cost may be found at our website.

LIHT is partnering with Sommelier Steven Morales Brown for *Wine in Full Bloom* @Full Bloom Farm. A wine tasting event and fundraiser, 21 and over please. \$25

To learn more about our Preserves, Events and ongoing programs, please drop by in person at The Otto Preserve or Saturday Market Table or visit our website at <a href="https://www.liht.org">www.liht.org</a>.



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#### **Meet Your Legislators**

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**LICA General Meeting August 12,** Potluck dinner at 6:00, Town Hall at 7:00. Our State legislators, Sharon Shewmake, Joe Timmons & Alicia Rule, will be in attendance to talk about current legislation and answer your questions. Please write up any questions you may have and drop them in the LICA Box in front of the Grange, across from the Post Office in advance.

Septic Class

By Mike Skehan

#### FREE HOMEOWNER TRAINING CLASS TO INSPECT YOUR SEPTIC SYSTEM

Please join Whatcom County Dept of Health at the Grange Hall on August 21st, between 4-6 PM for this informative class on how to DIY in the future. Most island septic systems are 'Gravity Fed', which allows you to check your own, fill out a simple form and submit it to the County - saving hundreds of dollars over having a licensed professional do it. That will surely go up as ferry rates nearly double in the near future. Unnecessary pumping of tanks adds even more to those costs. I've not pumped mine for 5 years and it still has many years left before needing it. That's for a 3BR, 2Bath home for the two of us full timers.

Many thanks to our Co-Sponsors in this effort - Lummi Island Grange, Lummi Island Community Assn.





#### **Saturday Market News**

By Lynn Dee

Live Music is scheduled at The Market again in August. Performers include "Jimmy the Lock", Shaun Mc Cole, and Joe and Terri Cook on the Marimba. Music usually begins around 11am. We are still scheduling music for August. There are only two remaining Saturdays of the Market season, so if you would like to join us with your music, please contact Lynn Young at 360-319-3727. Call or text her and she will put you on the schedule.

Don't forget: We have great flowers and produce, lots of art, and wonderful informative booths where you can learn about land conservation, Beach School activities, and other community organizations, such as LICA and the Civic Club.

If you have any questions regarding vending, please contact me at 360-758-2815. See you on Saturday! Market Hours are 10 am to 2 pm with some vendors remaining open past 2 pm.

#### **Lummi Island Emergency Evacuation**

By Michael Lish

Whatcom County Fire District 11 is partnering with Western Washington University's Environmental Studies department to develop a Lummi Island emergency evacuation plan. Western students will be conducting a resident emergency preparedness survey in late July and early August. Please help tailor our island's evacuation plan by taking this short survey. Look for the WWU students at the Farmers Market, along the ferry line, or knocking on your door in the coming weeks.

Those who participate in the survey can enter a drawing to win a gift certificate for a local Lummi Island business.

#### **Newsletter Anniversary Celebration - Postponed**

The Lummi Island Historical is postponing the "Newsletter Anniversary" Celebration until fall. Stay tuned.





Hours: Tuesday: 1:00 - 7:00 pm; Thursday, Friday & Saturday: 10:00 am - 5:00 pm

The Friends of Island Library Used Book Sale - FOIL's used book sale continues daily through Labor Day. Check the new displays in the barn that appear every few weeks. Until the beginning of August we have large collections of books on Alaska, stories of unusual women's lives, and gardening on display. Many of the garden books were donated by our neighbor Wynne Lee as she left the island garden she loved. The Alaska collection and a future table of military books were donated by Ray Howard, son of Virginia Smith who was born on the island in 1918. Please hold onto your books until October, when we will start accepting book donations again.

#### **Aug/Sept Upcoming Events**

Memory Health Check-Ups at the Wellness Center - Non-diagnostic memory screenings are available for anyone concerned about memory loss or experiencing warning signs of dementia; whose family and friends have noticed changes in them; or who believe they are at risk due to a family history of Alzheimer's disease or a related illness. Screenings also are appropriate for anyone who does not have a concern right now, but who wants to establish a baseline. This service is provided at no cost, and the results are given directly to you to share as you choose. The screening takes about 20 minutes and will be held in the Wellness Center at the Gathering Place. Registration required. (wcls.org) Thursday, Jul 31 2025, 3:00 pm - 5:00 pm. Sponsored by Island Library and Lummi Island Health and Wellness Committee.

**Island Library Book Club** - Everyone's welcome to Island Library's book club which meets at 11 am on the fourth Thursday of each month in the Hanson Room. We read a mix of fiction and nonfiction with an emphasis on well-developed characters and rich settings. Library manager, Erin Suda facilitates.

- <u>August Book</u>: A Fever in the Heartland: The Ku Klux Klan's Plot to Take Over America, and the Woman Who Stopped Them by Timothy Egan.
- September Book: The Berry Pickers by Amanda Peters

Next meeting is Thursday, Aug. 28th, 11:00 AM - 12:00 PM in the Hanson room.

**Island Teen Corps** - We need teens with a community spirit to help out with our summer programs for kids. You'll help pass out supplies and assist kids in all the making and the doing. Teens in grades 6-12 can register at <a href="wcls.org">wcls.org</a>

• Taking Time, Writing Letters – Tuesday, August 5th, 4:30 – 7:00 PM

**Taking Time, Writing Letters** - Are you someone who loves to write and receive letters? Do you find that you intend to write letters, but prioritizing time to do it is challenging? Join us at the library for 90 minutes set aside just for you and your correspondence. You may drop in at any time during the 90 minutes. We will have some notecards and paper available, but you are welcome and encouraged to bring your favorite stationery and pens. The library will provide a quiet space with minimal distractions for us to come together in community and write. Light refreshments will be provided along with quiet music. Registration is recommended but not required (wcls.org). Tuesday, August 5th, 5:00 – 6:30 pm. Adults



**Dungeons & Dragons Camp** - Create a character and adventure out with your band of compatriots! We will provide everything you need to learn and play a short D&D adventure. For ages 8-14. Snacks provided. Registration required for this three-day camp (register at wcls.org). For kids and tweens, Tuesday, Aug 12, Wednesday, Aug 13th, and Thursday, Aug 14th. Time: 2:00 – 5:00 pm



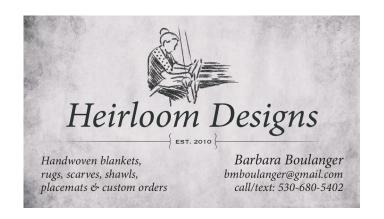
**Summer Reading Celebration Party**- Join us for an all-day, drop-in style party to celebrate the completion of our Summer Reading program! Visit any of our branches for fun activities, crafts, book recommendations, and lots of library library love. Bring the whole family as we celebrate our reading accomplishments. Saturday, August 23rd, 10:00 am – 5:00 pm.

Local History: Homestead Maps with Marv Fullner - Join us at the library for a presentation by Nooksack Valley historian and map-maker Marv Fullner. Mr. Fullner's handmade maps are representations of Whatcom County Homesteaders' properties using a blank Bureau of Land Management map. The completed maps are detailed and unique, and Marv will take us through each step of finishing a map. Don't miss this intriguing program! Marv Fullner is a lifetime resident of Whatcom County and self-proclaimed local history buff. His great-grandfather Carl Fullner came here with family from Prussia in 1890 (name listed in the 1926 Roth Book). Saturday, Aug 30th, 3:00 pm - 4:00 pm, Adults.

FOIL AUCTION: Support your Island Library! SAME GREAT AUCTION NEW DATE: SAT, OCTOBER 18

The Friends of Island Library (FOIL) is a local non-profit that owns the Island Library property; supports the Library through fundraising and promoting the purposes and activities of the Island Library and its community. The FOIL Board meets monthly on the third Monday of the month. The next meeting will be August 18th at 6:00 PM at the library. If you'd like to support FOIL's work, financial donations can be sent to PO Box 204, Lummi Island, WA 98262

**Library Levy Proposition 2025-02 - To Restore the Library Levy Rate To 0.42/\$1000** Whatcom County Library System (WCLS) is asking voters to consider a measure (Proposition 2025-02) on the Aug. 5, 2025, ballot





#### Lummi Island Health & Wellness (LIH&W)

By Bob Anderson



Since Our Summer is in full swing and so are the LI Health & Wellness programs! Here's an update of new activities and plans for the future.

**Wellness Classes Underway** - in a Big Way – During the first two weeks since launching on July 8, we have had a total of 81 attendees, with an average class size of 12. People are loving these experiences and creating community with one another. Here's the calendar:

- Tuesdays from 9:00-10:30 Wellness Yoga with Constance Drake
- Wednesdays from 9:00-10:00 Tai Chi with Randy Smith
- Thursdays from 10:00-11:00 Chair Yoga with Jennifer Martin
- Saturdays from 10:00-11:00 Hatha Yoga with Jennifer Martin

We've created a gracious space at the Gathering Place for everyone to learn and grow. Participants can support our Yoga instructors directly by donating what they can, when they can, to keep our classes going. Feel free to reach out to our email address (lummiislandhealthandwellness@gmail.com) for questions and to sign up for our newsletter that will be coming soon, as will our new website.

**Foot Care Flourishing** – Monthly Foot Care sessions are a continuing hit for Islanders with 38 people having participated already. Sign up for the August 26th session (limit of 14) by contacting Jane Phillips at 360 389-6697. And remember, we will subsidize anyone who is unable to afford the full fee of \$35. Just let us know when you make your appointment. What a fun way to relax!

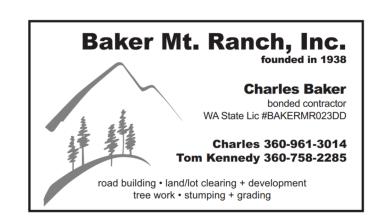
**Telehealth Is Ramping Up** - We Welcome Participants - Any Islander who would like support to communicate with medical providers on-line should contact the Health and Wellness Program (See email address above). This includes helping Islanders get set up on their own computer and making the Telehealth Center at the Gathering Place available. In addition to having a private room with the necessary computer equipment, Telehealth volunteers can assist in recording weight, pulse rate, oxygen saturation, and blood pressure readings to pass on confidentially to your provider. A special survey is coming out soon to educate and inform about how Telehealth could help you.

**Home Modifications for Safety Program** – Come to the Fire Department's Open House on Sunday August 17 to learn about our Home Safety Modifications program. It's great to have this collaboration with our Fire Department Chief and Team. We will have information on how you can make your home safe and comfortable so you can age in place confidently. Workshops will be offered soon providing samples of safety equipment, helping with home assessments and identifying people with the skills to install items and make modifications to areas of your home.

Getting the Word Out about Health & Wellness – We are delighted to announce that Kellie Moeller has joined our H&W team as Communications and Outreach Director funded by our recent major grant from the North Sound Accountable Communities for Health. Yay! Kellie has extensive skills and experience in communications, marketing and outreach in the health care field. Her technical skills and passion for our work in just two weeks has resulted in the creation of new Facebook, Instagram and YouTube accounts that are easy to access. Just google 'lummi island health & wellness' for any of these sites and you will find sample videos of our classes, calendars, brochures and more. Kellie posts this tagline: *Transform, Rejuvenate, Celebrate Life – Island Style!* 

Join us in this healthful and joyful venture!







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#### **Grange Matters**

By Leslie Dempsey

Every year in July Grange Members submit nominations for our annual Citizen of the Year Award which is presented at our (first Wednesday) August potluck. This year something wonderful happened! We received nominations for six different islanders and we couldn't choose just one. So we voted to honor them all: Rose Ann Auld, Carol McKinney, Debi Josiah-Barnes, Jo Ann Bowman, Susie Wirth, and Byron Moye. We've changed the name of this annual honoring to the Distinguished Service Award; recognizing that it's the caring, generous activities of many (both big and small) that create this amazing island community that we love. We intend to honor all six 2025 nominees at our potluck dinner at 5:30 pm on Wednesday August 6th at the Grange Hall and everyone is welcome to join us!

**Salmon BBQ**: Saturday August 30th, 5:00 to 6:30 pm. This is a beloved Island annual event. Menu typically includes BBQ wild Alaskan salmon, homemade cheesy potatoes, Boxx Farm corn on the cob, Asian style coleslaw salad, a delicious dessert, coffee, iced tea, and lemonade. Adults \$20/12 & under \$8.

**4th Annual Honky Tonk**: Saturday September 13th 6:00 to 10:00 pm (minors must leave at 9 pm per WSLCB regs). Jesse will give a line dance lesson before the band Steel Reserve plays. Enjoy a delicious Beach Store Cafe supper on the Grange deck. The Grange will sell desserts, beer, and wine in Alf's Place. Burn ban permitting, a fire pit in the gravel area and kid's activities. \$5 suggested donation to help cover the band.

**Haunted Hotdog Stand**: October 31st 5:00 to 6:30 pm (or when we sell out). A drive through, take away \$5.00 meal of hotdog, chips, and beverage served at the Spooky Kitchen Door of the Creepy Grange Hall. Weather permitting, there may be an outdoor eating area. Please delight us with your costumes - we'll show you ours



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#### **Grange History**

By Larry Roteman

#### A brief history of our Grange Hall and its artifacts.

Welcome to Alf's Place, where the Grange is preserving island history with something new Alf's Place is the name of the Grange's new outdoor event space. Alf refers to the owner of the bar that was part of the Grange Hall.

Many islanders are involved in preserving what's left of island history. The Historical Society recently organized the Island Museum. The Lummi Island Grange is another. The building and grounds hold artifacts of the past. The building itself is a joining of buildings brought together by Islanders to form the present Grange building.

The big green wooden reef net boat, that has been on display for over twenty years, alongside the Grange building, is one of a few remaining mostly intact reef net boats. The others are on Lopez Island. Other historic items often overlooked are the logs separating the lawn from the road in front of the Grange. These are actually the pilings from the original ferry dock.

Some of you may remember seeing the old tractor or horse-drawn road grader on display at the Grange. It has been moved to an island resident's property for eventual restoration. So, when you come to the Grange to share an event with your neighbors and friends, look at these bits of history from when our roads were gravel and fishermen built their wooden boats to use in their livelihood.



Charlotte Nesbit Remembers Estrid Baker's "ways of cows and sheep and flowers" and the wisdom of "seasons and cycles".

Dave and Charlotte Nesbit bought the Prominski place on Seacrest in 1966. They moved in with two year old Johanna and one year old Rebecca. Their vision was to become self-sufficient and raise their own food, inspired by the back-to-the-land movement. Charlotte wrote this

loving tribute on Monday March 19, 1990:

During these lighter days, as spring approaches, and the darkness rolls away, my mind and heart are full of many things. But it is when I see a lamb, that I find myself thinking of Estrid Baker and I realize how much I learned from her. It is from Estrid, I learned when to plant what in the garden. I learned about quantities, varieties, harvesting; about food storage, and the gentle art of making cottage cheese. I learned about the ways of cows, and sheep, and of flowers. From her, I absorbed a wealth of country knowledge. It has to do with seasons and cycles, weather and work. It has to do with an awareness, an appreciation of the great and the small.

As I write, I note the plum trees, outside my window, are beginning to blossom; beginning to come into their own quiet splendor. Ages ago they were tiny, foot-high starts from a tree of Estrid's. I remember she sometimes worked, in her garden, with a shovel which had a broken handle. I never could figure out why. And in my youthful, "newcomer" energy and enthusiasm, I either mended or replaced the shovel. Today in a flower bed, outside my window, I see one of my own shovels. It has a broken handle now . . . I think of Estrid . . . I am feeling the softness and circles of time, I am smiling, I am beginning to understand, and, for all these things, I am grateful.





#### **Resilient Lummi Happenings**

By Ruchi Stair

**Powerful postcards**: Thanks to islanders at Saturday Market who wrote postcards to our representatives in D.C. to keep public lands in public hands and to protect the progress we've made on clean energy. We sent 44 postcards, and many more were sent from homes. It's important to keep speaking up. Some public lands were saved, and the Senate succeeded in buying us more time to use tax credits for clean energy.

**Tax credits**--get them while you can! Don't postpone purchasing an EV--you have until September 30 to get a tax credit. To get a tax break on clean energy upgrades like heat pumps, solar panels, etc. act by December 31. For more information go to <u>Plug In America</u>.

**Seed Library** We are launching our new Seed Library! Learn more at the next Resilient Lummi meeting on Tuesday August 16 at 6:30 pm in the Island Library. You are welcome to start collecting seeds--I've already collected lupine, sea thrift and columbine to share. Envision bountiful gardens and lush beauty on our island.

**Waste Not** We've been on a quest to find out where to recycle that pesky produce netting. (Unfortunately, SSC has you throw it in the trash.) We found out that <u>Ridwell Express</u> does recycle it in their Multilayer Plastic Food Packaging and sends it to make building material. Check out this <u>Waste Wise Guide</u> to learn what SSC does (and does not) recycle.

**Aluminum cans buy books for kids**, thanks to the Dolly Parton Imagination Library. Bring aluminum cans to the collection site at the Grange.

**Eating Climate-Friendly at Elderberries** Resilient Lummi cooked up hearty chili, sweet cornbread, and blueberry crisp using recipes with a small impact on our planet. More yummy food to come at a lunch this fall.

Artist Studio Tour

By Gayle Mitterer

**Sign Up**: August 2 is the deadline to sign up for the next Artists' Studio Tour, August 30-31. Email a short description of your work and where you will be showing to Sierra Montoya at <u>sierrajeanmontoya@gmail.com</u>. You may want to include your phone number, email or website information in the description. Then put a \$25 check payable to Sierra in an envelope with her name on the outside and leave it at The Islander Store. If you are paying with cash, be sure to write your name on the outside of the envelope. If you produce your work on Lummi Island, please join the tour, August 30-31, 10 am-5 pm. Questions? Lynn Dee (360) 758-2815, Ria Harboe (360) 317-5807 or Gayle Mitterer (214) 354-4460.

**Studio Tour**: Lummi Island artists and crafters will be offering their works at the Labor Day Artists' Studio Tour, August 30-31, 10 am - 5 pm. This is a great opportunity to get to know some talented neighbors and support your local artists' community. Tour maps are available at The Islander store or on Facebook at Lummi Island Studio Tour. Put this on your calendar! Questions? Lynn Dee, 360-758-2815 or Gayle Mitterer 214-354-4460.





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Jackie Granger, Founder/Owner pnw-concierge.com 360.201.9351 @pnwconcierge

#### **Lummi Island Congregational Church**

By Rhayma Blake

**Parish Dinner**: We're firing up the grill for our 5 pm Tuesday, August 5th dinner featuring BBQ Pork Spare Ribs, Cole Slaw, and Baked Potato Bar at The Gathering Place. Cheesecake and berry sauce for dessert, all for a suggested donation of \$15. The patio will be open and there will be take-outs and live music by "Jimmy the Lock"!

**Elderberries** every Wednesday from 11 am-2 pm in The Gathering Place. Catch up with friends, make new ones, play games, and enjoy a hot lunch at Noon. A hearty thanks to those who come early and help garden.

**Friday Coffee** continues from 10-11:30 am in The Gathering Place. And of course, we gather for worship, every Sunday at 10:30 am. All are welcome.

Keep up with the latest at <a href="www.lummichurch.org">www.lummichurch.org</a> or <a href="www.lummichurch.com">www.lummichurch.com</a>. You can always email us at <a href="office@lummichurch.com">office@lummichurch.com</a> or <a href="mailto:info@ligatheringplace.com">info@ligatheringplace.com</a> or call (360) 758-2060. Remember, no matter who you are, or where you are on life's journey, you are welcome here.

#### **The Gathering Place**

By Sahara Burton

Save the date for Oktoberfest! Saturday, October 4th 2025.

**Artists, Box Lunch and Bake Sale** at The Gathering Place. Don't miss The Gathering Place stop on the Artist Tour August 30 and 31. Make your way over to 3913 Legoe Bay Road. Doors open at 10:00 am. Come browse and buy from a diverse group of nine local artists showing jewelry, painting, photography, weaving, knitting, handbags and more! Showing at The Gathering Place are Barbara Boulanger, Patricia Coe, Sharon Grainger, Ed Lowe, Ded Lowery, Carol McKinney, Gayle Mitterer, Ted Mork, Jyl Peterson, and Nancy Uding.

While at the The Gathering Place, pick up a \$10 homemade box lunch, walk to the beach, or join with others over food and conversation. Best deal in town! And, be sure and check out the home baked goods at the Bake Sale table. Arrive home with yummy treats and new art. What fun is that! We are thrilled to be part of the Artists Tour again and look forward to creating more island memories together at The Gathering Place. See you soon!

Looking ahead, save the date for our all island Fall celebration – Oktoberfest on Saturday, October 4th from 5:00 – 8:00 pm. We are already starting to plan and welcome new volunteers for this fun event. Contact <a href="mailto:info@ligatheringplace.com">info@ligatheringplace.com</a> if you can help with set-up and decorating, food, clean up, etc. More details coming.

**LINDY EARLY-ROSEN, L.M.P. Since 1984** - Lindy provides massage therapy to the island, once again. Her specializations include gentle deep tissue & myofascial release, based on more than 30 years of experience in medical offices. Please call **360-758-7452** for an appointment.

Hale's Passage Home and Landscape Maintenance - Specializing in handyman and landscaping services, both new installation and general upkeep, 25+ years experience, long time island resident, references available, text or message Scott Hale (360) 932-1269

**A VERY TINY GIFT & FARM STAND** - A rotating offering of: herbal products, starts, blueberries, soaps, fiber art, procured & 2nd hand goods, and a surprise or two! 2455 Tuttle Ln. Honor System

**Jennifer Janelle Holistic Care and Emotional Healing** - Compassionate, non-judgemental care during grief, end-of-life, and other life transitions. Offering healing conversations, trauma-informed yoga, deep relaxation meditation, healing sounds, gentle breath work, and sound baths. Learn more at <a href="www.JenniferJanelle.com">www.JenniferJanelle.com</a> or Email: <a href="mailto:support@jenniferjanell.com">support@jenniferjanell.com</a>

#### **LICA Blood Drive**

By Molly Forman

We had a good show out for the recent blood drive on Monday June 9th. Our final numbers reflected 32 donors registered with 26 units collected. And even more exciting is that there were 6 first time donors, which is amazing!!! Thank you to everyone who gave or attempted to give and especially to our first time donors! Donating blood only takes one hour and can help save three people.

On the island, we take Whole Blood only. The most common type of donation is a whole blood donation. Within every pint of blood are red cells, white cells, platelets, and plasma — all vital components for treatment of serious injury, illness, bleeding disorders, and surgeries. 1 in every 7 patients entering a hospital will need a blood transfusion, so your gift of blood may be someone's second chance.

**Did you know?** Your body can completely restore red cells in about four to six weeks, which means you can safely donate whole blood every 56 days, 6 times per year!

**How will I feel after donating?** Most people feel no difference. Eat breakfast or lunch before donating and be sure to drink plenty of fluids, like water or juice. It will make a big difference. You'll feel like a hero.

How soon after donating can I practice sports? You should avoid strenuous activity such as lifting, pushing, or picking up heavy objects for 12 hours after giving blood. Drink plenty of fluids. Stick to a light or recovery workout depending on how you feel. It's a good idea to wait three days before practicing vigorously or competing as you may become dehydrated.

Our next Blood Drive will be on Thursday, September 4th at the Lummi Island Grange. As usual, it will open at 10:00 a.m. and our last donations will start by 330pm. Please sign up at the following link: <a href="https://donate.bloodworksnw.org/donor/schedules/drive\_schedule/79636">https://donate.bloodworksnw.org/donor/schedules/drive\_schedule/79636</a>





#### Whatcom County Sheriff

By Debbi Barnes-Josiah

In March, Whatcom County Sheriff Donnell "Tank" Tanksley gave a well-received presentation at the library on his department's activities during 2024. After mentioning that his deputies made periodic visits to the island, the Sheriff agreed with an audience suggestion that deputies attend a Saturday Market for more contact with Island residents and visitors. Two deputies subsequently attended the July 19th Market. A copy of the data from the Sheriff's presentation had been provided to the library, and informational graphs of the data were displayed.

Market attendees had interesting conversations with the deputies, with topics ranging from whether speeders could be ticketed ("Only if the deputies witness the event") to what can be done about abandoned vehicles ("Depends on the legal status of the vehicle and the landowner's concerns"). Deputies were pleased with their interactions and expressed interest in participating in other community events. Before leaving, they toured the island on their e-bikes, mentioning that most of their visits had been at night and that it was a pleasure to see the island in the daylight!

### The Tome

\*\*\*\*\* ECWSS\*\*R-014 POSTAL CUSTOMER LUMMI ISLAND, WA 98262

#### From Our Fire Department!!

#### Due to local conditions and summer weather outlook

#### Stage 2 "Total" burn ban for Lummi Island



#### The Tome of Lummi Island

Lummi Island Community Association
LICA, P.O. Box 163, Lummi Island WA 98262

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#### The Tome, The eTome and Brown Betty

The Tome is mailed via a USPS Bulk Mail list (any address and PO Box on the Island). You may request one sent to your off-island address as well via the Donation form.

Request the eTome and/or Brown Betty, or Publications Updates (Deadlines & Instructions on submitting to us) at MC.LICA.us

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